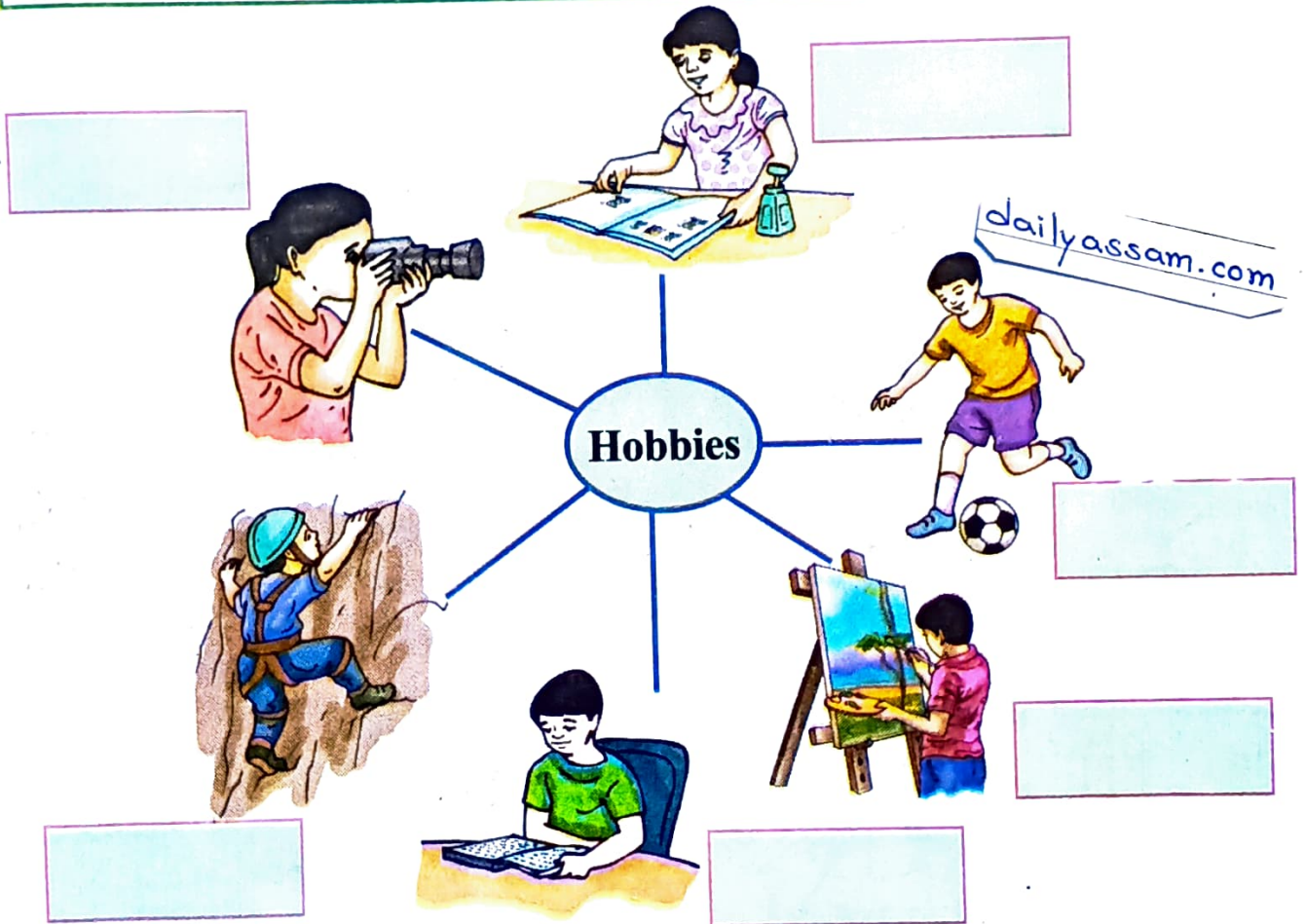


## Lesson 1

# Hobbies

What do you do in your free time? If you have a lot of free time, having nothing to do, life will be boring. A happy person is usually as busy as a bee. Such persons have a hobby. Look at the pictures below. Working with your friend, write down in the boxes the names of the hobbies shown in the pictures.



**Now read more about hobbies and why it is good to have a hobby.**

We all love to occupy ourselves with different activities in our free time. We love to play different types of games. We love to sing and dance, draw and paint, read books and travel. These activities give us pleasure. As people say, all work and no play can make our life dull. There should be a combination of work and play that makes our life happy. Activities which give us fun and joy are hobbies.

There are many kinds of hobbies. Some are indoor activities and some are outdoor activities. Collecting stamps and coins, listening to music and reading books are indoor activities. Gardening, travelling, swimming, trekking, photography are outdoor activities. Playing and painting are both indoor and outdoor activities.

**Here are a few hobbies of some of our classmates:**

I love to sing. Singing is my hobby. I love singing *borgeet*. I also love listening to classical music. Every morning I practise singing. I like to take out my harmonium and play tunes on it. It gives me great joy.



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I like to paint. Painting is my hobby. I use water colours in my paintings. I always carry my art materials with me while visiting different places. I like to sit and paint landscapes. When I am lonely and bored, I take out my paint box and brush and keep myself busy. I keep my paintings carefully. I have participated in different art competitions and won prizes.

Runa

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My favourite hobby is gardening. At home we have a kitchen garden in our backyard and a flower garden in front of the house. We grow all kinds of vegetables in our garden. I also collect a variety of flowers for our garden. I like planting new plants and watering them. Every morning I water the plants and clean the beds. I also look after the garden in our school. It gives me a sense of joy seeing the plants grow. I feel fit and active working in the garden. I am also learning a lot about different types of plants.



I spend my free time reading. Reading is my hobby. I read all kinds of books. I enjoy reading story books and biographies of great persons. I also love to read adventure and mystery stories. I can read them over and over again and I enjoy doing so. After reading, I also write a review of the story.

My hobby is collecting stamps. The collecting and study of stamps is called philately. I started collecting stamps when I was in Class I. My uncle who stays in the United States used to write



letters to us. I used to take out the stamps from the envelopes and stick them in an album. My grandparents, parents and teachers encouraged me to pursue this hobby. I have a large collection of stamps. I have learnt a great deal because of this hobby. I not only collect stamps but also study the stamps. During my free time, I read about stamps issued by postal departments of different countries. Nowadays with the advancement of technology, communication systems have changed. People mostly communicate through email, SMS, MMS, etc., which are faster. But the old postal system is still popular.

Hobbies are thus activities that are entertaining and relaxing. They are pursued during leisure time for pleasure or relaxation. They can be educative too. Hobbies help us to use our free time fruitfully. We can keep ourselves busy and active if we take up a hobby.

## ACTIVITIES

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### 1. Let's find out how much we have understood:

- What is a hobby?
- What do hobbies give us?
- What is philately? What difficulty would you face if you take up philately?
- What is Irfan's hobby? What does he like to do?
- Name a few indoor and outdoor hobbies.



(f) What is a kitchen garden?

(g) "Every morning I water the plants and clean the beds." – What does 'beds' mean here?

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2. A synonym is a word that has the same or nearly the same meaning as another word. Example: happy – joyful.

From the box below, choose words which are synonyms of the given words, and write each synonym next to the word in the blanks below:

pleasure	free time	lovely	begin
energetic	grow	happiness	sporty
pretty	spare time	launch	evolve

(a) joy \_\_\_\_\_

(b) beautiful \_\_\_\_\_

(c) active \_\_\_\_\_

(d) leisure \_\_\_\_\_

(e) start \_\_\_\_\_

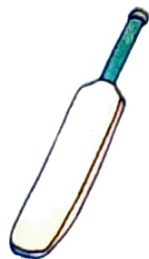
(f) develop \_\_\_\_\_

3. Look at the pictures of objects given below. Each object is related to an activity.

Write the name of the object and the related activity in the space provided. One has been done for you.



guitar: singing



4. Let's play a game. Sit in groups according to your hobbies.

Discuss in your group why you like this hobby and how you pursue it.

The teacher will make the students sit in groups, and ask the participants of each group to speak in turns. One participant will start with one sentence about his or her hobby and the next participant will continue the presentation.

5. Parveen's hobby is baking. Fill in the blanks in the paragraph below with words that rhyme with bake, such as shake:

Juri said to Parveen, "Please tell me how to bake a \_\_\_\_\_." Parveen replied, "Preheat the oven to 350°F and gather all the ingredients you need to \_\_\_\_\_ a cake. \_\_\_\_\_ 2 cups of flour, 4 eggs, 1 cup sugar, 1 cup butter or oil, 1 teaspoon baking powder and vanilla essence. You will need a cake pan and a sieve too. Put the flour and baking powder into the sieve. \_\_\_\_\_ the sieve to remove lumps, if any. Cream the butter and sugar. Add a few drops of vanilla essence. \_\_\_\_\_ care to \_\_\_\_\_ the mixture light and creamy. Beat in the eggs and \_\_\_\_\_ them one at a time. Add the dry mixture to the wet mixture little by little. Don't forget to grease the \_\_\_\_\_ pan and dust it with flour. Then \_\_\_\_\_ the smooth mixture and pour it into the pan. Place the mixture in the oven till your \_\_\_\_\_ turns golden brown."



6. Roktim's hobby is travelling. He loves visiting places. He always prepares his itinerary before travelling. He leaves his itinerary with his mother. His mother knows where he is by looking at his itinerary. Read his itinerary.

**Personal Travel**

Destination : Majuli, Assam

Duration of stay: 2 days

Date of departure: 10 November

Date of arrival: 12 November

Place of stay: Maihang Lodge, Kamalabari Tini Ali

What to do: Visit *Satras*, enjoy *Raas* utsav, visit local markets

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An **itinerary** is a plan of a journey. It is a travel plan - where you will go, when you will be there, what you will do, etc.

**Now, think of a place you want to visit during your vacation and prepare your itinerary:**

Destination : \_\_\_\_\_

Duration of stay : \_\_\_\_\_

Date of departure : \_\_\_\_\_

Date of arrival : \_\_\_\_\_

Place of stay : \_\_\_\_\_

What to do : \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

7. Read this sentence. Note the part of the sentence in italics.

A happy person is usually *as busy as a bee*.

The part of the sentence in italics is called an **idiom**. It means 'very busy'.

The use of common idioms makes English appear more natural. Some common English idioms are-

a blessing in disguise

bag and baggage

beat about the bush

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Try to use these idioms in sentences of your own. You can look up the dictionary to learn their meaning.

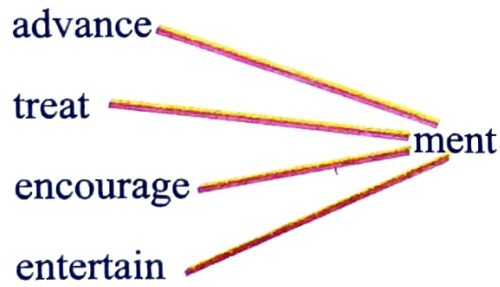
\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

8. In class VI you learnt that we can make a new word by adding a suffix, i.e., a letter or a group of letters at the end of a word. In the exercise below, write the new words by adding – ment at the end of the words. One is done for you.



- 1. advancement
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_

**Suffix:** A letter or a group of letters added at the end of a word is called a **suffix**.



Now read the lesson and write in the box the words ending with the following suffixes:

*-ion*

*-ing*

*-ment*

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9. Read the lesson and locate the sentences where the following phrasal verbs beginning with 'take' occur. Then write the sentences in the space given below the word web.

up — **take** — out

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Try to frame sentences of your own using these phrasal verbs.